

deli menu

sandwiches

Fresh, deli-made sandwiches prepared with your choice of baguette* — served on 1/3 of multigrain or sourdough baguette.

\$8.99 - \$9.99 each

1 **Maasto Hiito**

Black Forest Ham, Roasted Turkey, Colby Cheese, Red Onion, Lettuce, Tomato, and Real Mayonnaise.

2 **Brockway Mountain**

Roast Beef, Ferndale Roasted Turkey, Sharp Swiss Cheese, Spicy Dijon Mustard, Horseradish, Red Onion, and Lettuce.

3 **Bird and Basil**

Ferndale Smoked Turkey, Our Deli-Made Cashew Pesto, Provolone Cheese, Tomato, and Black Olives.

4 **The Italian**

Prosciutto Ham, Genoa Salami, Provolone Cheese, Red Onion, Lettuce, Tomato, and Our Deli-Made Herbed Balsamic Vinaigrette.

5 **Gay Club**

Roasted Chicken, Nueske's Cherrywood Smoked Bacon, Avocado, Lettuce, Tomato, and Real Mayonnaise.

6 **Baltic Salami**

Pepperoni, Genoa Salami, Pepperjack Cheese, Lettuce, Tomato, and Our Deli-Made Roasted Garlic Mayonnaise.

7 **Lookout Mountain**

Fresh Mozzarella Cheese, Our Deli-Made Cashew Pesto, Spinach, Tomato, and Our Deli-Made Herbed Balsamic Vinaigrette.

8 **Gratiot River**

Ferndale Roast Turkey, Avocado, Our Deli-Made Roasted Garlic Spread, Spinach, and Tomato.

9 **Tobacco River**

Vegan Version of #8 with Our Baked Tofu, Avocado, Our Deli-Made Roasted Garlic Spread, Spinach, and Tomato.

10 **Horseshoe Harbor**

Vegetarian Our Deli-Made Hummus and Tabouli, Rochdale White Cheddar Cheese, Artichoke Hearts, Spinach, and Tomato.

11 **Agate Beach**

Our Deli-Made Peanut Sauce, Apricot Jam, Cucumber, Red Onion, Spinach, Chicken, Bacon.

12 **Torch Bay**

Vegan Version of #11 with Our Deli-Made Peanut Sauce, Apricot Jam, Cucumber, Red Onion, Spinach, Sesame Tofu.

wraps

Fresh, deli-made wraps prepared with your choice of tortilla — served on a white flour, whole wheat, or gluten-free tortilla.

\$8.99 - \$9.99 each

13 **Kingston Wrap**

Our Famous Deli-Made Hummus and Tabouli, Lettuce, Tomato, Cucumber, and Shredded Carrot.

14 **Cowboy Wrap**

Preservative-Free Roast Beef, Colby Cheese, Avocado, Lettuce, Banana Peppers, and Our Famous Deli-Made Salsa.

15 **Calumet Wrap**

Our Peanut Veggie Tofu Wrap with Home-Made Baked Tofu, Our Deli-Made Peanut Sauce, Spinach, Cucumber, Shredded Carrot, and Bell Pepper strips.

16 **Hecla Wrap**

The Chicken Version of #13 with Preservative-Free Roast Chicken, Our Deli-Made Peanut Sauce, Spinach, Cucumber, Shredded Carrot, and Bell Pepper strips.

gluten-free options available — simply order the above baguette sandwich of your choice on a gluten-free wrap.

We use all natural, preservative-free roast turkey, smoked turkey, roast chicken, ham, prosciutto, roast beef and bacon.



deli menu

salads

*Fresh, deli-made salads with your choice of our deli-made dressing —
Herbed Balsamic Vinaigrette, Walnut Balsamic, Cashew Roasted Red Pepper,
Vegan Green Goddess, or Ranch*

17 Garden Salad \$8.99

Spring Mix, Cherry Tomatoes,
Red Onion, Shredded Carrot,
Cucumber, and Bell Pepper Strips.

18 Greek Salad \$9.99

Baby Spinach, Artichoke Hearts,
Cherry Tomatoes, Pitted Kalamata
Olives, Shredded Carrot, and Feta
Cheese.

19 Co-op Chef Salad \$9.99

Spring Mix, Cherry Tomatoes,
Red Onion, Black Forest Ham, Roasted
Turkey Breast, Cheddar Cheese,
and Avocado.

20 Big Betsy Salad \$9.99

Spring Mix, Our Deli-made Baked
Tofu, Avocado, Shredded Carrot,
Cherry Tomatoes, Red Onion,
Cucumber, Roasted Pumpkin,
and Sunflower Seeds.

21 Fannie Hooe Salad \$9.99

Baby Spinach, Fresh Goat Chevre,
Walnuts, Dried Cranberries,
Red Onion, and Cherry Tomatoes.

