deli menu

sandwiches

Fresh, deli-made sandwiches prepared with your choice of baguette* — served on 1/3 of multigrain or sourdough baguette.

\$8.99 - \$9.99 each

| Maasto Hiito

Black Forest Ham, Roasted Turkey, Colby Cheese, Red Onion, Lettuce, Tomato, and Real Mayonnaise.

2 Brockway Mountain

Roast Beef, Ferndale Roasted Turkey, Sharp Swiss Cheese, Spicy Dijon Mustard, Horseradish, Red Onion, and Lettuce.

3 Bird and Basil

Ferndale Smoked Turkey, Our Deli-Made Cashew Pesto, Provolone Cheese, Tomato, and Black Olives.

4 The Italian

Prosciutto Ham, Genoa Salami, Provolone Cheese, Red Onion, Lettuce, Tomato, and Our Deli-Made Herbed Balsamic Vinaigrette.

5 Gay Club

Roasted Chicken, Nueske's Cherrywood Smoked Bacon, Avocado, Lettuce, Tomato, and Real Mayonnaise.

6 Baltic Salami

Pepperoni, Genoa Salami, Pepperjack Cheese, Lettuce, Tomato, and Our Deli-Made Roasted Garlic Mayonnaise.

7 Lookout Mountain

Fresh Mozzarella Cheese, Our Deli-Made Cashew Pesto, Spinach, Tomato, and Our Deli-Made Herbed Balsamic Vinaigrette.

8 Gratiot River

Ferndale Roast Turkey, Avocado, Our Deli-Made Roasted Garlic Spread, Spinach, and Tomato.

9 Tobacco River

Vegan Version of #8 with Our Baked Tofu, Avocado, Our Deli-Made Roasted Garlic Spread, Spinach, and Tomato.

10 Horseshoe Harbor

Vegetarian Our Famous Deli-Made Hummus and Tabouli, Rochdale White Cheddar Cheese, Artichoke Hearts, Spinach, and Tomato.

wraps

Fresh, deli-made wraps prepared with your choice of tortilla — served on a white flour, whole wheat, or gluten-free tortilla.

\$8.99 - \$9.99 each

| Kingston Wrap

Our Famous Deli-Made Hummus and Tabouli, Lettuce, Tomato, Cucumber, and Shredded Carrot.

12 Cowboy Wrap

Preservative-Free Roast Beef, Colby Cheese, Avocado, Lettuce, Banana Peppers, and Our Famous Deli-Made Salsa.

13 Calumet Wrap

Our Peanut Veggie Tofu Wrap with Home-Made Baked Tofu, Our Deli-Made Peanut Sauce, Spinach, Cucumber, Shredded Carrot, and Bell Pepper strips.

14 Hecla Wrap

The Chicken Version of #13 with Preservative-Free Roast Chicken, Our Deli-Made Peanut Sauce, Spinach, Cucumber, Shredded Carrot, and Bell Pepper strips.

gluten-free options available — simply order the above baguette sandwich of your choice on a gluten-free wrap.

We use all natural, preserative-free roast turkey, smoked turkey, roast chicken, ham, prosciutto, roast beef and bacon.



deli menu

salads

Fresh, deli-made salads with your choice of our deli-made dressing — Herbed Balsamic Vinaigrette, Walnut Balsamic, Cashew Roasted Red Pepper, Vegan Green Goddess, or Ranch

15 Garden Salad \$8.99

Spring Mix, Cherry Tomatoes, Red Onion, Shredded Carrot, Cucumber, and Bell Pepper Strips.

16 Greek Salad \$9.99

Baby Spinach, Artichoke Hearts, Cherry Tomatoes, Pitted Kalamata Olives, Shredded Carrot, and Feta Cheese.

17 Co-op Chef Salad \$9.99

Spring Mix, Cherry Tomatoes, Red Onion, Black Forest Ham, Roasted Turkey Breast, Cheddar Cheese, and Avocado.



18 Big Betsy Salad \$9.99

Spring Mix, Our Deli-made Baked Tofu, Avocado, Shredded Carrot, Cherry Tomatoes, Red Onion, Cucumber, Roasted Pumpkin, and Sunflower Seeds.

19 Fannie Hooe Salad \$9.99

Baby Spinach, Fresh Goat Chevre, Walnuts, Dried Cranberries, Red Onion, and Cherry Tomatoes.